

JOB OPPORTUNITIES AFTER DISCHARGE

The Division of Vocational Rehabilitation (DVR) assists but does not guarantee job placement.

Contact Information

Address: 5205 Quail Rd. NW

Phone: 505-836-1774

- Two Paths through DVR:
- *Path 1 - Faster Route:
 - Assessment with DVR
 - Submit eligibility documentation (medical diagnosis, Social Security income, SNAP application)
 - Develop a personalized plan with DVR
 - Seek employment with support from a job coach
- *Path 2 - Slower Route (dependent on job coach availability):**
 - Similar initial steps as Path 1

Job coach helps identify work agencies and necessary resources for employment.

CRISIS NUMBERS

Call 911 for any life-threatening emergency or immediate danger.

988 Provides free and confidential emotional support to people in crisis or emotional distress 24 hours a day, 7 days a week.

Agora Crisis Center, 505-277-3013 provides free and confidential emotional support.
Hours: 6 am – 12am

NM Peer to Peer Warmlines
1-855-4NM-7100, Provides free confidential support from trained peer support workers who have similar lived experiences. They are available via phone from 7 am – 11:30 pm daily and via text 6 pm- 11 pm daily

BEHAVIORAL HEALTH SERVICES

Haven Behavioral Services
505-254-4564

Turning Points Recovery
505-217-1717

**UNM Adult Psychiatric Center
Psychiatric Emergency Services and
Crisis Triage Center**
505-272-2920
Open 24 hours, 7 Days a week

UNMH Psychiatric Urgent Care
505-272-9038
Open 9:30 am to 6 pm Monday- Friday

**Addiction Treatment Center in
Albuquerque- outpatient
ASAP UNM**
2600 Yale Blvd SE Albuquerque NM
87106
505-944-7999

- Note: While no one qualifies for services directly out of NeuRoads, this center is available for clients who may need these services after discharge. Clients must be sober for three months or less to qualify for ASAP services.

**For More Information About NeuRoads
NM Contact:**

Erin Drew Cook, OT, CBIS
**Director of Rehabilitation & Long-
Term Care**

Phone: (505) 274-4442
Email: ECook@NeuRoadsNM.org

www.neuroadsnm.org

RESOURCES AVAILABLE POST- DISCHARGE



A RESOURCE GUIDE TO SUPPORT CLIENTS POST-DISCHARGE



GROUPS

Brain Injury Alliance of New Mexico

3150 Carlisle Blvd. NE, Ste. 208
Info(at)braininjurynm.org
<http://www.braininjurynm.org>

Brain Injury Resource Center

Phone number 1-844-366-2472
Open 9 am-12 pm, and 1 pm-4 pm
3150 Carlisle Blvd NE Ste. 208
Albuquerque, NM 87110

THRIVE with Brain Injury Support Group (Online)

- Every Monday from 11:30 am to 1:00 pm
- Facilitator: James Brown

This support group provides emotional, social, and resource assistance for individuals living with various types of brain injuries, including strokes, as well as their family members, caregivers, and support networks.

- Join us online via Zoom or by phone:
- Zoom Meeting ID: 892 20260188
- To join by phone: Dial one of the following numbers: 253-215-8782 or 346-248-7799.

Remember to press *6 to mute or unmute yourself when speaking during the call.

THRIVE with Brain Injury Support Group (In-person)

- Every Tuesday, 11:30 am - 1 pm
- Facilitators: Carol Brand (BIANM Board member) 505-730-4491 and Tom Hall (LCSW)
- Netherwood Park Church of Christ, 5101 Indian School Rd NE, Albuquerque, NM 87110
- Parking: East parking lot (closest to San Mateo Blvd); enter through the brown East-facing double doors.

Retrain My Brain Support Group, Hybrid in-person and Zoom meeting

Every Wednesday, 11 am – 1 pm
Hosted by NM Brain Injury Resource Center
Hosted by: Ralph Frakes:
505-715-8822

In Person: 625 Silver Ave, SW #100
Albuquerque, NM 87102
Zoom Meeting ID 812 3084 1835
Or dial in by phone by calling:
1-720 -707-2699
1-346-248-7799

Brain Injury Support Group, In person meeting

3rd Wednesday of each month,
5:30 pm-7:30 pm
Facilitator: David Small:
505-858-0939

NM Brain injury Resource Center
3150 Carlisle Blvd NE, Ste. 208
Albuquerque, NM 87110
Take the elevator or stairs to the 2nd floor.
They are located on the left of the elevator when you are facing it.

TRANSPORTATION

SunVan is an option for transportation within Albuquerque. This service can be used for clients with disabilities. An application must be submitted via mail or online.
<http://www.cabq.gov/transit/services/paratransit-services>

HOME CAREGIVER AGENCIES

Home Instead, 505-884-0353
Visiting Angels, 505-821-7500
Home Care Assistance, 505-357-1422

CONTINUED THERAPY AFTER DISCHARGE

Counseling

Dennis Abernathy Inc M LPCC

Cell: 505-249-7779
Fax: 505-293-0617
Email: Dabernathy05@comcast.net
Address: 3200 Carlisle Rd. NE Ste. 225
Albuquerque, NM 87110

Elemental Wellness

Mental Health and Wellness Center

505-503-6800
4425 Juan Tabo Blvd NE # 112
Albuquerque, NM 87111

PHYSICAL AND COGNITIVE REHABILITATION

Lovelace Rehab

505-727-4725
505 Elm Street NE Albuquerque NM 87102

- Occupational therapy
- Physical therapy
- Speech therapy

ATI Physical therapy

505-242-2294
600 Central Ave. SE Ste. D Albuquerque,
NM 87102

FOOD STAMPS AND MEDICAID

NM Human Services Department

www.hca.nm.gov
Can apply online or call 855-637-6574